

# Update on Tauhara Retreat Weekend May 18-20

You are invited to weave community at the beautiful  
Tauhara Retreat Centre in **TAUPO**

The scheduled activities start with registration after 4pm on Friday May 18th.  
We will leave after lunch on Sunday the 20th ie. around 2pm finish.

You may choose to visit the hot pools or the hot river on your way to the centre  
or save this treat for Saturday.

All meals will be fully catered. Vegetarian or meat options.

We have been working on a schedule for the weekend that includes Dances of Universal Peace with Joanne Brown, a Healing Touch student and dance leader. These heart centred dances will complement to our weekend activities beautifully. They offer an experience of coming - mind, body and spirit into a heart centred space.



We will start each day with a choice of self-help or meditation practices offered by participants: So far -

Berylla is offering a sense meditation and a weed walk.

Debbie Carter will be leading a chakra resonance experience.

(Please let Berylla know if you have an offering to share)

## **Interwoven through out the days will be times for :**

- Sharing - what is happening internationally, nationally and in the regions.
- Learn some of the newly updated techniques and name changes.
- Discussion- We plan to gather information about the needs of our community both locally and nationally.
- What do you find most connective? What you would like more of?
- What things are dis-connective? How can we transform these limits into opportunities?
- Question and answer sessions.
- Time to practice Healing Touch with others.
- Sharing/networking table where you can swap or sell books, music etc.

Please send a \$50.00 deposit to  
HTNZ Account # :  
02-0655-0034746-003

By March 15th

Include your "Name"&"Retreat"  
to identify your payment.

Please email Berylla with your registration details.

[berylla@ts.co.nz](mailto:berylla@ts.co.nz)

Either print, fill out and re-scan document or just include the details in an email.

# Provisional Timetable

## Friday 18 May

4 - 6pm

Arrival and registration

**6 - 7pm Dinner**

7.15 - 9.00pm

Welcome and Greeting. Dances and Circle Sharing time.

## Saturday 19 May

7.30 - 8.00 am Morning practices

**8 - 9am Breakfast**

9.15 - 10.30

Deb and Annis sharing national and international news including outline of changes to curriculum... Questions and answers.

10.30 -11.00 Morning tea

11.00 -12.00 Healing sessions - Time for practice and guidance through new techniques.

**12.00 Lunch and free time**

Opportunity for conversations, walking, swimming, resting, giving and receiving Healing Touch.

3.30 - 5.00

Coordinator reports on regional activity. Sharing around community projects, ways to strengthen our communities Question and answer time.

**6.00 Dinner**

**7.15 Regather** - Dances, sharing circle and discussion.

## Sunday 20th

**7.30 - 8.00 am**

Morning practices

**8 - 9am Breakfast**

9.15 - 10.30

Focused discussions, including break out sessions and harvesting from these.

10.30 - 12.30

Continuation of morning discussions.

Closing circle.

**1.00 Lunch**

Departure

